

**Course Title:** Eastern Body Massage With/without Compulsory Anatomy Course

**Course Cost:**

**Group Course:** £475

**1-1 Course:** £550 – bring your own models, student does not receive a treatment - . A model can be supplied for a small fee of £10 per day payable on the day.

**If anatomy already completed:** **Proof of anatomy qualification required**

Group - £425

1-1 - £500 – bring your own models, student does not receive a treatment. A model can be supplied for a small fee of £10 per day payable on the day.

**Course Length:** 3 Days 9.30-3.00pm each day

**Course Entry Requirements:** None Required

**Course Type:** Theory & Practical - includes exam (returned in 7 working days) and case studies (up to 6 months to complete) for all students (these are PDF's and completed electronically at home)

Anatomy For EBM Massage Course via Home Study – again completed electronically. Your course manual & exams are supplied in electronic form – pdf files – 6 months to complete from course date.

**Not suitable for tablets or mobile.**

**Qualification awarded**

DT Practitioner's Diploma

**Accreditation**

Accredited with the Guild of Holistic Therapists

**CPD Points**

EBM – 49 points

**Paying for your course:**

**ITA Funding** - This course can be funded using Individual Training Account funds – PLEASE NOTE - the funds must be in place before a booking can be made. Once your ITA account is in place please contact DT Therapy School to arrange your booking. **Please note – The precourse workbook is emailed one week prior to the course and the Anatomy Course is required to be completed before attending. For ITA applicants this will require a payment of £65 to be paid in order for the Anatomy course work to be sent so the Anatomy is completed before attending.**

**Deposit, Full Payment & Balance – For all non ITA applicants - a non-refundable deposit of £65 secures your place - please contact DT Therapy School to arrange your booking. Payments can be accepted via card, paypal, cash, cheque or Bacs. Balances paid 2 weeks before course date. All non ITA applicants are emailed a precourse workbook and also required is a payment of £65 to be paid in order for the Anatomy course work to be sent so that anatomy is completed before attending.**



theguild  
of Therapy Lecturers

theguild  
of Holistic Therapists

theguild  
of Beauty Therapists

**ITA Approved Provider with Accredited Courses**

## Course Information:

Eastern Body Massage (EBM) differs greatly from Swedish or Holistic Massage in a variety of ways. With EBM, we treat mind, body and soul and every massage a client receives will be different, because we learn how to make our massage fit the client, not the client getting the same regardless of ailment.

It is not structured in following a set routine like Swedish does, rather giving you, the therapists, much more control of what techniques/tools are used and when to use them.

Through doing this, you will deliver a different massage every time!

We target the muscles in a different way and we go much deeper using more techniques than is in a standard Swedish massage. We also follow meridian lines much more closely, these are our energy pathways around the body and often become blocked through illness, stress, accidents etc by doing so we target as many Acupressure/Acupuncture points as we can and with over 7000 of these in the body we manage to stimulate many!

Along with basic massage techniques such as effleurage, petrissage & tapotment, you will learn many more techniques that we call tools, that we can put in our toolbox – this enables you to tailor the massage for each individual client.

**This is an intense 3 day attended Group course, with students working on each other. Maximum of 4 students attend**

## Course Manual Contents Include :

- Copyright, Insurance, Tax & Accounts
- History of Massage, Benefits
- Contra-Indications
- Routine
- Client Consultation Forms & Data Protection, including a template
- After Care advice, including a template
- Health & Safety Legislation/Law, Licence Requirements
- Infection Control, Methods of Sterilisation & Sensitivity Testing
- Therapists Code of Practice
- Using Aromatherapy Oils or Waxes

## Practical Modules to be Completed

- Massaging Back
- Massaging back & front of legs
- Massaging the feet, Arms & Hands
- Massaging Abdomen
- Massaging neck, chest & face



theguild  
of Therapy Lecturers

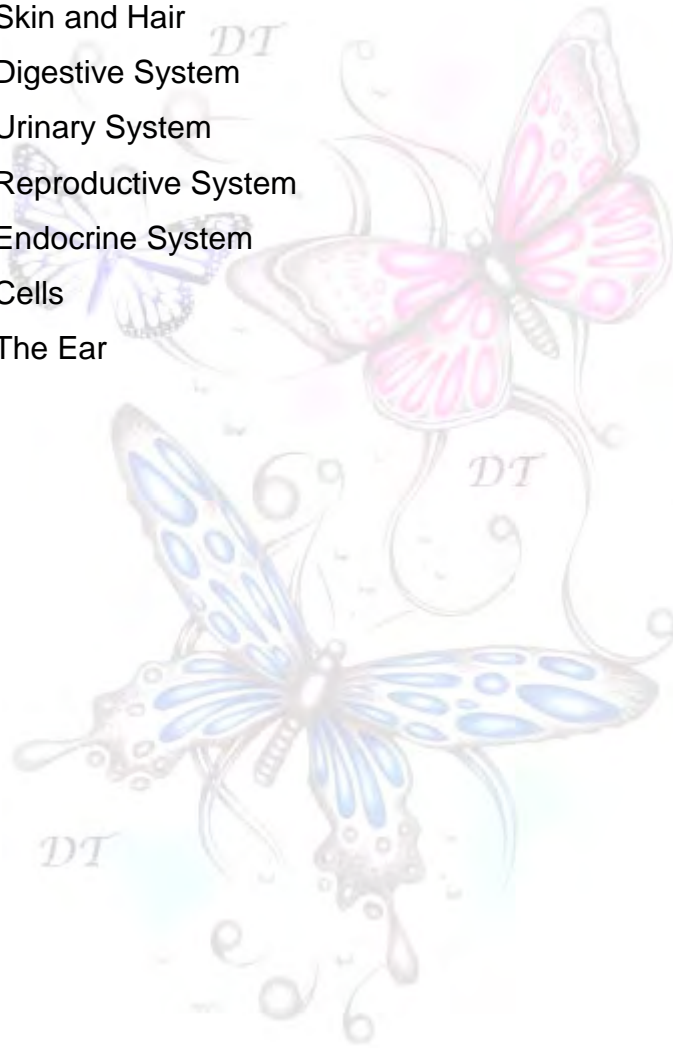
theguild  
of Holistic Therapists

theguild  
of Beauty Therapists

**ITA Approved Provider with Accredited Courses**

**EBM Anatomy  
Contents:**

1. Muscles
2. Musculoskeletal System
3. Cardiovascular System
4. Respiratory System
5. Neurological System
6. Lymph System
7. Skin and Hair
8. Digestive System
9. Urinary System
10. Reproductive System
11. Endocrine System
12. Cells
13. The Ear



**theguild** **theguild** **theguild**  
of Therapy Lecturers of Holistic Therapists of Beauty Therapists

**ITA Approved Provider with Accredited Courses**

Copyright © DT Therapy School, 1-2 Jubilee House, Saltire Centre, Glenrothes.KY6 2AH  
Tel: 01592-328350 - E-mail: [admin@dttherapyschool.co.uk](mailto:admin@dttherapyschool.co.uk) - Web: [www.dttherapyschool.co.uk](http://www.dttherapyschool.co.uk)