

Course Title:	Indian Head Massage Course
Course Cost:	£155 – 1 day intense course for experienced therapists
Group Course 1-1 Course:	£185 – bring your own models, student does not receive a treatment -- A model can be supplied for a small fee of £10 payable on the day.
Group Course – non experienced	£195 - 2 days - non experienced therapist / like a slower pace of learning
Course Entry Requirements:	1 day – therapists who have previous massage experience 2 days – no entry requirement
Course Type:	Theory & Practical - includes exam (returned in 7 working days) and case studies, up to 6 months to complete from course date. These are PDF's and completed electronically at home Not suitable for tablets or mobile.
Course Length: Qualification awarded	1 Day or 2 days - 9.30-3.30approx DT Practioners Diploma
Accreditation	Accredited with the Guild of Holistic Therapists
CPD Points	15 points
Paying for your course:	ITA Funding - This course can be funded using Individual Training Account funds – PLEASE NOTE - the funds must be in place before a booking can be made. Once your ITA account is in place please contact DT Therapy School to arrange your booking. Please note – The precourse workbook is emailed one week prior to the course, requires to be read before attending and the Anatomy Ref Manual is emailed on course day. Deposit, Full Payment & Balance – For all non ITA applicants - a non-refundable deposit of £65 secures your place - please contact DT Therapy School to arrange your booking. Payments can be accepted via card, paypal, cash, cheque or Bacs. Balances paid 2 weeks before course date. All non ITA applicants are emailed a precourse workbook and an anatomy ref manual prior to the course
Course Information:	Head Massage, also known as Champissage from the Hindu word 'champi' meaning massage - which is where the word shampoo comes from, dates back in India some 4,000 years ago. Its a form of massage incorporated within the ancient healing art of Ayurveda which is based on achieving physical and mental harmony in nature and aims to treat the root of a disease rather than just the symptoms! Although called Head Massage it includes neck, shoulders arms, face and ears. The treatment/session uses a specific 'connect-in' technique to reach deep seated tension in muscles. It soothes comforts and rebalances energy flow leaving one with a feeling of peace and tranquillity



ITA Approved Provider with Accredited Courses

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The Ayurvedic system is basically a medical system that maintains that there are 3 essential doshas which cause disease if they become imbalanced.

Each of the three doshas has a role to play in the body:

VATA - is the driving force, it relates mainly to the nervous system and the body's energy centre.

PITTA - is fire, it relates to the metabolism, digestion, enzymes, acid and bile.

KAPHA - is related to Water in the mucous membranes, phlegm, moisture, fat and lymphatic's.

**Course Manual
Contents
Include :**

- Copyright, Insurance, Tax & Accounts
- History of Indian Head Massage
- Benefits of an Indian Head Massage
- Contra-Indications for Indian Head Massage
- Routine for neck, shoulders, scalp and face
- Client Consultation Form & Data Protection
- Consultation Form & After Care Advice Templates
- Using Aromatherapy Oils & Waxes during Massage
- Health & Safety Law, Licence Requirements
- Infection Control
- Sensitivity Testing
- Therapists Code of Practice
- Anatomy reference manual supplied for ongoing learning

**Practical
Modules to be
completed**

- Neck & Shoulders
- Scalp
- Face



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