

<b>Course Title:</b>	<b>Thai Hand Massage Course</b>
<b>Course Cost:</b>	£155
<b>Group Course</b>	£185 – bring your own models, student does not receive a treatment – recommended for those who do not have previous massage experience or prefer a slower pace of learning. – A model can be supplied for a small fee of £10 payable on the day.
<b>1-1 Course:</b>	
<b>Course Length</b>	1 day 9.30-3.30 approx
<b>Course Entry Requirements:</b>	<b>None</b>
<b>Course Type:</b>	Theory & Practical - includes exam (returned in 7 working days) and case studies, up to 6 months to complete from course date. These are PDF's and completed electronically at home <b>Not suitable for tablets or mobile.</b>
<b>Qualification awarded</b>	DT Practitioners Diploma
<b>Accreditation</b>	Accredited with the Guild of Holistic Therapists
<b>CPD Points</b>	15 points
<b>Paying for your course:</b>	<b>ITA Funding</b> - This course can be funded using Individual Training Account funds – PLEASE NOTE - the funds must be in place before a booking can be made. Once your ITA account is in place please contact DT Therapy School to arrange your booking. <b>Please note – The precourse workbook is emailed one week prior to the course and requires to be read before attending the course, the course manual is given on the day</b>
	<b>Deposit, Full Payment &amp; Balance – For all non ITA applicants - a non-refundable deposit of £65 secures your place - please contact DT Therapy School to arrange your booking. Payments can be accepted via card, paypal, cash, cheque or Bacs. Balances paid 2 weeks before course date. All non ITA applicants are emailed a precourse workbook and an anatomy ref manual prior to the course</b>
<b>Course Information:</b>	Thai Hand Massage is part of the traditional thai massage that originated in Thailand about 2000 years ago. It has elements of Shiatsu, Reflexology, Chinese massage and Yoga incorporated into the massage itself. It is still taught by Buddhist monks in the temples of Thailand. Its roots can be traced back to ancient India.  In Thai Hand Massage concentration is given to the 12 major energy lines (called meridian lines) in the body. These lines end into 'pressure points', which reflect a map of the bodies organs, they can also be found on the feet. The course will concentrate on the art of Thai Hand Massage. The map of the hand is included in the course manual. By manipulating these different points, the body and the mind are stimulated to restore the balance in that particular



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area and thereby throughout the whole body. It helps warm up muscles, increase blood flow and oxygen in to the whole body thus improving circulation. It stimulates the lymphatic drainage, begins the breakdown of toxins that have built up so boosting the immune system.

**Please Note: this course does not use Thai Sticks during the massage**

**Course Manual  
Contents  
Include :**

- Copyright, Insurance, Tax & Accounts
  - History of Thai Hand Massage
  - Benefits of an Thai Hand Massage
  - Contra-Indications for Thai Hand Massage
  - Routine
  - Client Consultation Form & Data Protection
  - Consultation Form & After Care Advice Templates
  - Using Aromatherapy Oils & Waxes during Massage
  - Health & Safety Law, Licence Requirements
  - Infection Control
  - Sensitivity Testing
  - Therapists Code of Practice
  - Anatomy Reference manual is supplied for ongoing learning
- 
- Hand & Lower Arm Treatment

**Practical  
Modules to be  
completed**



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